**ACTIVITY #1**

**Type of activity: Matching Heading Activity**

Matching Heading Activity: Sustainable Living

Instructions: Match each heading with the corresponding statement or section from the article. Be attentive to the key themes and messages discussed in each heading and statement.

Headings:

1. Urgency of Sustainable Living: \_\_\_\_\_\_\_\_\_

2. Alarming Price Tag of Unsustainability: \_\_\_\_\_\_\_\_\_

3. Green Living Benefits: \_\_\_\_\_\_\_\_\_\_

4. Individual Actions Matter: \_\_\_\_\_\_\_\_\_

5. Innovative Breakthroughs for Sustainability: \_\_\_\_\_\_\_\_

1. The article underscores the significance of individual actions in promoting sustainable living, encouraging steps such as minimizing waste, conserving power, and supporting local businesses.
2. Transitioning to a sustainable lifestyle is presented as a win-win solution, offering improvements in air and water quality, conservation of natural resources, and community health.
3. The article emphasizes the critical need for immediate action towards sustainability and explores the consequences of delay.
4. The continuous rise of innovative breakthroughs, such as green building designs and waste-to-energy technologies, is highlighted as shaping a sustainable tomorrow.
5. This section discusses the environmental damage caused by current unsustainable practices, including climate change, deforestation, and biodiversity loss.