**ACTIVITY #2**

**Type of activity: Multiple Choice Questions**

Multiple Choice Questions: Sustainable Living

1. What is the primary focus of the article on sustainable living?

   - A. The benefits of unsustainability

   - B. The urgency of immediate action towards sustainability

   - C. Innovative breakthroughs in gaming technology

   - D. The history of deforestation in Brazil

2. What is a significant consequence of current unsustainable practices mentioned in the article?

   - A. Increase in biodiversity

   - B. Reduction in extreme weather events

   - C. Rise in sea levels

   - D. Positive impact on social and economic disparities

3. What city is highlighted as a successful example of urban development and environmental conservation through sustainable practices?

   - A. Paris, France

   - B. Curitiba, Brazil

   - C. New York City, USA

   - D. Tokyo, Japan

4. How can adopting a sustainable lifestyle benefit individual health, according to the article?

   - A. Increased stress levels

   - B. Enhanced overall physical well-being

   - C. Decreased mood improvement

   - D. No impact on mental health

5. What is emphasized as a key step towards sustainability that individuals can take in their daily lives?

   - A. Increasing meat consumption

   - B. Ignoring local businesses

   - C. Minimizing waste and conserving power

   - D. Avoiding recycling and composting