



ACTIVITY 6

Practical activity

Objective:

In this activity, you will apply the concept of symmetric encryption to encrypt and decrypt a message, understanding how confidentiality is maintained using a shared key. You will practice using an online encryption tool and work with a simple encryption method to protect your data.

Instructions.

Materials Needed:

- Internet access
- Computer or mobile device
- Access to a secure symmetric encryption tool for example https://cryptii.com/pipes/xor-encryption.

Step 1: Understanding Symmetric Encryption

Before starting, take a moment to read through the following explanation:

- Symmetric Encryption uses the same key for both encryption (scrambling the message) and decryption (unscrambling the message).
- Encryption: Converts your plain text message into unreadable ciphertext.
- **Decryption:** Converts ciphertext back into the original plain text using the same key.
- **Key:** The shared secret between the sender and the receiver that allows them to encrypt and decrypt the message securely.

Example: Imagine you want to send a secret message to your friend. You both agree on a secret word as the key, say "apple". Using this key, both of you can encrypt and decrypt each other's messages.

Step 2: Choose Your Message

Think of a short and simple message you'd like to encrypt. Here's an example to get you started:

- **Message:** "Symmetric encryption is fun!"
- Write down your message in a text editor (like Notepad, Google Docs, or any virtual document you are using for the activity).







Step 3: Choose a Key

You need a key that will be used to encrypt and decrypt your message. This key should be something simple, like a word or number that only you and your partner know.

- Key Example: "apple"
- Write down your chosen key.

Step 4: Encrypt the Message

Go to the Cryptii website: https://cryptii.com/pipes/xor-encryption.

- **1.** Enter your plain text message in the Input box.
- **2.** Set your key (for example, "apple") in the Key section.
- **3.** Select XOR Encryption (this is a basic form of symmetric encryption).
- **4.** The encrypted version of your message will appear in the Output box.

Now you have the encrypted message!

Example: If your message was "Symmetric encryption is fun!" and your key was "apple", the encrypted message might look something like this:
 "Xkxzsnkrgt bvnqtbnr fuq!"

Step 5: Share the Encrypted Message

If you're doing this activity with a partner:

- Send the encrypted message (the one that appeared in the Output box) to your partner.
- Also, share the key with your partner (e.g., "apple"). This is essential, as they need it to decrypt the message.

Step 6: Decrypt the Message

Now, it's your partner's turn (or you if you're doing it alone) to decrypt the message:

- 1. Open the same Cryptii website: https://cryptii.com/pipes/xor-encryption.
- 2. Paste the encrypted message into the Input box.
- 3. Enter the same key ("apple") in the Key section.
- 4. The decrypted message will appear in the Output box.

Your partner will now see the original message!

• **Example:** If they used the key "apple" and decrypted your message, they would see: "Symmetric encryption is fun!"







Step 7: Reflection and Discussion

- How did the encryption work? Discuss how the shared key made the message readable only for the people who knew the key.
- What would happen if someone else knew your key? Reflect on how critical it is to keep the encryption key secure.
- Challenges of Symmetric Encryption: Think about the challenges of managing and distributing the keys securely in real-world scenarios, especially in large systems (e.g., online banking, messaging apps, etc.).

Step 8: Optional - Share Your Learnings

If you're in a group or class, share your findings and experiences with others:

- Did you encounter any challenges when encrypting or decrypting?
- How could this method of symmetric encryption be applied to protect personal information or communications in real life?

